

The Study and Handling of Difficult, Nervous and Delinquent Children

The National Institute of Child Psychology

Provisional Syllabus of One Year's Training Course in

SESSION 1931-32

FOREWORD

The training outlined in this provisional syllabus is designed for post-graduate men and women of all faculties. It owes its present shape to a demand arising out of preliminary discussions with the Board of Education and responsible Educationists in London and the provinces, followed by a Conference held at the Institute on July 15th, 1931—of which a full Report is available—at which resolutions were passed :—

(1) “That character and emotional difficulties seriously hamper the educational progress of school children of all ages in all types of schools,” and

(2) “That the very real and urgent problem presented to School Teachers can best be solved by specialised training and knowledge, for the acquisition of which provision should be made.”

The training is essentially based upon the work done in Mr study and treatment of difficult, nervous and delinquent children by The Children's Clinic, originally a purely therapeutic clinic situated at The Quest, Clarendon Road, W. II. The change of title by which the Clinic has become The National Institute of Child Psychology follows the development of Training and of Research departments, side by side with therapeutic work.

The Training Course represents what is believed to be the first serious attempt in this country to provide for teachers in schools and other workers responsible for the handling of children an opportunity to study the character and emotional difficulties which form a serious barrier to the development of an increasing number of children, and the methods available for the resolution of these difficulties.

THE NATIONAL INSTITUTE OF CHILD PSYCHOLOGY

PROVISIONAL SYLLABUS OF

One Year Training Course

The Study and Handling of Difficult, Nervous and Delinquent Children.

Honorary Director: Dr. MARGARET LOWENFELD.

ACADEMIC BOARD OF REFERENCE.

PHYSIOLOGY Prof. Winifred Cullis
PRINCIPLES OF PSYCHOLOGY. Dr. Cyril Burt.
PATHOLOGY OF CHILDHOOD.Dr. Leonard Findlay.
GROWTH.Dr William Feldman.
NORMAL AND ABNORMAL PSYCHOLOGY OF CHILDHOODDr. Margaret
Lowenfeld.

STAFF

GENERAL.

1. ANATOMY Dr. JOYCE PARTRIDGE.
2. APPLIED ANATOMY. Dr. HUMPHREYS OWEN.
3. PHYSIOLOGY Dr. MARGARET TAYLOR.
4. PRINCIPLES OF PSYCHOLOGY. . Prof. CYRIL BURT.
5. PSYCHOPATHOLOGYDr. J. A. HADHELD.
6. COMPARATIVE PSYCHOLOGY. . Dr. FLUGEL.
7. MENTAL HYGIENE. Dr. DORIS ODLUM.
8. GROWTH Dr. WILLIAM FELDMAN.
9. SPECIAL PATHOLOGY OF CHILDHOOD. . . . Dr. LEONARD FINDLAY.

SPECIAL.

1. NORMAL AND ABNORMAL PSYCHOLOGY OF CHILDHOOD. . . Dr. LOWENFELD.
2. THEORY AND TECHNIQUE OF APPARATUS IN USE FOR WORK WITH CHILDREN.
. . Lectures: Dr. Margaret Lowenfeld. Demonstrations and Tutorials- Miss A. T. ALCOCK.

3. COMMON MYTH AND FAIRY TALE AND THEIR APPLICATION TO WORK WITH CHILDREN. . . Mr. ARTHUR, Miss A. T. ALCOCK.

4. CURATIVE WORK WITH MALADJUSTED CHILDREN . . Dr Margaret Lowenfeld

5. PRINCIPLES OF RHYTHMIC WORK WITH MALADJUSTED CHILDREN. . Dr Lowenfeld

6. THE MAKING, KEEPING, AND USE OF RECORDS Mr Arthur Skey

* Dr. Margaret Taylor will be unable to undertake the course in Physiology for the First Term.

These courses will be taken in the University of London. (See p. 7.)

REGULATIONS AND GENERAL INFORMATION.

The Director can be seen at the Institute by appointment between the hours of 4 p.m. and 5 p.m. on Mondays and Wednesdays.

Applications should be made in writing to the Secretary of the Institute, and should be accompanied by a statement of previous academic qualifications or practical experience in educational or other work with children.

A preliminary period of a fortnight in playroom work is required before formal acceptance for training. Any fees paid by the prospective candidate will be returned if the candidate is not accepted for training.

All candidates must have reached the age of 21.

Exemptions may be applied for by candidates who can show adequate previous experience in any subject covered by the Course.

The Course will consist of lectures, demonstrations, and practical work, given partly in the Institute, and partly in the colleges of the University of London, together with thorough training in the actual handling of difficult and maladjusted children and the designing and keeping of records.

The Course is non-residential.

All lectures, demonstrations, etc., when not otherwise specified, will be given in the Institute.

Shortened Courses will be arranged for qualified medical men and women, occupying three or six months; particulars can be had on application to the Secretary.

FEES.

Composition Fee for the whole Training Course of three terms, including all fees paid to the University, practical work and tutorials, Fifty Guineas.

Bursaries will be allowed to Training College students and students coming to the Institute on Government grants.

Fees for the shortened Courses for qualified medical men and women can be had on application to the Secretary.

For students for whom exemptions are allowed fees will be by arrangement. Application to the Secretary.

All fees are to be paid in advance (i.e., at the beginning of the Session or Term on account of which they are due) at the Office of the Institute, and are not returnable.

Drafts should be drawn in favour of "The National Institute of Child Psychology," and crossed "Barclay's Bank."

SYLLABUS.

GENERAL.

1. ANATOMY.

The Course will cover the main structures comprising the skeleton and the purpose served by each. The nature of muscle—striped and unstriped muscles and their mode of functioning. The nature of nerves—central nervous system—autonomic nervous system, reflexes. General structure of the trunk—the diaphragm. The respiratory system. The heart and circulation. Bone marrow and spleen. The lymphatic system. The digestive apparatus. The urinary apparatus. The accessory organs—liver—pancreas. The organs of reproduction. The ductless glands—special senses and the cutaneous appendages.

First Term, Second Term, and first part of Third Term.

Lectures: Wednesdays at 10.30 am.

Practical Tutorial: Alternate Thursdays at 10.30 am.

2. APPLIED ANATOMY.

Six lectures and demonstrations on the interaction of posture and movement with psychological states in childhood—principles of remedial work—relationship of posture to health in childhood.

Second part of Third Term. Day and hour to be arranged later.

3. PHYSIOLOGY.

The course will cover the chemical basis of life—oxidation and digestion, the anabolic processes. Proteins, fats, carbohydrates—digestion—assimilation, blood distribution. The katabolic processes. Respiration. The function of urine—urination—skin and perspiration. The maintenance of neutrality, acidosis, alkaloses. Heat regulation—pyrexia, thermometers. The ductless glands. Menstruation and reproduction—mechanism of copulation, parturition and lactation—diseases of the endocrine system. Feminism—virilism—homo—Sexuality—changes of puberty and adolescence. Processes of infection and defence. Heredity—Mendelism—cell maturation.

First, Second and Third Terms.

Lectures : Mondays at 10.30 am.

Practical and Tutorial : Alternate Thursdays at 10.30 am.

4. PRINCIPLES OF PSYCHOLOGY.

First, Second and Third Terms.

(a) Course Z.1 at University College : Tuesdays at 5.30 pm.

(b) Course 2.2 at University College : Thursdays at 4 pm.

5. PSYCHOPATHOLOGY.

First, Second and Third Terms.

Course A.7 at King's College: Fridays at 6 pm.

6. COMPARATIVE PSYCHOLOGY.

Second Term.

Course A.6 at University College: Thursdays at 5.30 pm.

7. MENTAL HYGIENE.

Six lectures on measures for the prevention of delinquency in childhood, probation, remand homes, Home Office schools, Borstal, child guidance work.

Second Term. Day and hour to be arranged later.

* Students may take either Course 6 or Course 7.

8. SPECIAL PATHOLOGY OF CHILDHOOD.

The course will cover general principles of pathological processes affecting the psychology and educability of childhood, with special reference to diseases of the nervous system and ductless glands.

Third Term.

Lectures: Thursdays at 2 pm.

9. GROWTH.

The course will cover general principles of growth and development. Growth in weight—growth in height, normal table ratios—gigantism—infantilism— inequality of growth, etc.

Students will be required to carry out a piece of independent work on weight, tabulation of measurements, measurements personally taken, etc.

Third Term. Day and hour to be arranged later.

10. COMMON MYTH AND FAIRY TALE AND THEIR RELATION TO WORK DONE BY CHILDREN.

A review of the standard fairy tales and recurrent motifs of all primitive peoples, and their relation to original phantasy produced by children.

Third Term. Day and hour to be arranged later.

SPECIAL.

1. PSYCHOLOGICAL PRINCIPLES OF CURATIVE WORK WITH CHILDREN.

First Term.

(a) Principles of Group Work : Wednesdays at 5.30 pm.

Second Term.

(b) Phantasy Life of Childhood : Wednesdays at 5.30 pm.

Third Term.

(c) Types of Individual Difficulty : Wednesdays at 5.30 pm.

2. TECHNIQUE FOR USE OF APPARATUS EMPLOYED AT THE INSTITUTE.

Throughout the year a weekly lecture will be given on the handling of the material in use at the Institute. This will include emotional tests, handling of phantasy material, constructive work, painting, drawing and mosaics.

First, Second and Third Terms.

Mondays at 5.30 pm.

During the First Term there will be an additional weekly tutorial.

3. THE ENVIRONMENTAL BACKGROUND TO PSYCHOLOGICAL WORK WITH CHILDREN.

During the term arrangements will be made for visits to other institutions. Second Term. Day and hour to be arranged later.

4. PRINCIPLES OF RHYTHMIC WORK WITH MALADJUSTED CHILDREN.

Second Term.

Lecture demonstration: One hour weekly. Day and hour to be arranged later.

5. DESIGNING, KEEPING AND USE OF RECORDS.

Nature and use of statistics—purpose of records—making of analyses and questionnaires.

Third Term. Day and hour to be arranged later.

PRACTICAL WORK.

Throughout the year students will carry out, under direction, the actual work in the playroom with the children attending the Institute for treatment.

First, Second and Third Terms.

Tuesdays and Fridays, 2.30-5 p.m. Seminar, 2 to 2.30 p.m.

During the past two years very complete and carefully analysed records have been made of over seventy children attending the Institute. Thirty of these will be available for use, and a considerable period of each student's time should be allotted to their study.

During each term students will be required to do a minimum of three hours weekly on current records of individual cases. Papers will be written. Arrangements for attendance at case conferences and case discussions will be made throughout the year.

At the end of the first year an examination for all candidates will be set in written work, viva voce, and practical work with children. A certificate of the Institute will be given to candidates showing adequate grasp of the subjects treated.

SECOND YEAR.

A second year's Course will be arranged by the Institute for students who have gained the certificate of the Institute for the first year, and are accepted for a further course of study. The course will include General Phenomena of Psychiatry, Varieties of Psychological Theory, The Child and the State, An Advanced Course on Comparative Mythology and Fairy Tales, The Theory of the Apparatus in Use at the Institute, The Theory of Remedial Work with Individual Children, Theory and Practice of Group Work.

THIRD YEAR.

For students who have shown good grasp of the first and second year's work, and wish to specialise in psychological work with children, responsible posts, in the nature of clinical assistantships, will be available, and arrangements will be made for specialised senior teaching on varieties of psychological work with children, with opportunities for research.

SHORTENED COURSES.

Special arrangements for shortened courses will be made for specially qualified students. (See page 6.)

TIME SUMMARY.

FIRST TERM. AUTUMN.

SPECIAL (5 hours weekly).

Principles of Group Work (1) Technique of the Use of the Apparatus employed Lecture (1) at the Institute Tutorial (1) Seminar in Records of Previous Cases. Twice weekly, 1 hour

GENERAL (6 hours weekly).

SPECIAL (5 hours weekly).

Anatomy.Lecture (1)

.Practical (1)

Physiology.Lecture (1)

Psychology.Lecture (1)

.Seminar (1)

Psychopathology. .Lecture (1)

(Lecture Practical Lecture Lecture

Principles of Group Work (1)

Technique of the Use of the

Apparatus employed (2)

Seminar in Records of Previous

Cases, Twice Weekly, 1 hour (2)

SECOND TERM. SPRING.

General (7 Hours weekly)

Special (4 hours weekly).

Anatomy.Lecture (1)

.Practical (1).

Physiology.Lecture (1)

Psychology.Lecture (1)

.Seminar (1)

Psychopathology. .Lecture (1)

Phantasy Life of Childhood. Lecture (1)

Technique of the Use of the Apparatus

employed at the Institute. . .Lecture (1)

Environmental background to

Psychological Work.(1)

Principles of Rhythmic Work.(1)

*Comparative Psychology. (1)

*Mental Hygiene.(1)

THIRD TERM. SUMMER.

General (8 hours weekly).

Special (3 hours weekly).

Anatomy.Lecture (1)

Types of Individual

Physiology. . . .

. .Lecture (1) Difficulty.Lecture (1)

Psychology.Lecture (1)

Technique of the Use of the

Seminar (1)

Apparatus employed at the

Psychopathology. (1)

Institute. Lecture (1)

Fairy Tale (1)

Making, Keeping and Use

Special Pathology of Childhood (1)

of Records(1)

Growth.(1)

THE NATIONAL INSTITUTE OF CHILD PSYCHOLOGY is situated in Warwick Crescent, which lies between the Harrow Road and Westbourne Terrace Road. Paddington Station and Bishop's Road Station are in the near Vicinity.

The nearest Underground Station is Warwick Avenue, Bakerloo Railway.

The bus routes which run along Harrow Road are Nos. 18, 218 and 518.

The Sudbury and Finchley trams also run along the Harrow Road.

PADDINGTON STATION

